

Congress presentations

1. Oesen, S., Hinterkörner, F., Hackl, M., Wessner, B., Halper, B., Tschan, H.; Effects of an one week soccer-specific high intensity interval training on the performance of amateur soccer players. 16th annual congress of the ECSS 2011, Liverpool, England; poster presentation, abstract: congress proceedings.
2. Oesen, S.; Erfolgreiches Krafttraining beim älteren Menschen. Ernährung 2011, 10. Dreiländertagung, Graz, Austria; oral presentation.
3. Oesen, S.; Strength training and diagnostics in elderly. 7th EFSMA-European Sports Medicine Congress 2011, Salzburg, Austria; oral presentation.